

CERTIFICATE OF PARTICIPATION

This is to certify that

Rudolph Heymans

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:40:43

PACE 07:43/km

OVERALL 40 of 149

GENDER 33 of 79

OPEN 18 of 40

23 June 2019, Sun

Date



BoutTime

Signature

